



FindingSCHWUNG

Schwung...the circuit of energy from the rider, to the hindquarters to the front feet of the horse in connected, fluid, forward movement.

Finding Schwung in the workplace requires that we are truly present, showing up as trust, engagement and accountability. Nancy completes the metaphorical link between horses and humans and the influence our energy has on others.

Nancy Lowery always wanted to work with horses when she grew up, she just needed to learn a few things along the way.

In 2004 Nancy launched **The Natural Leader** offering Leadership through Horsemanship. Combining a lifetime passion for horses, 15 years corporate experience and every bump and bruise along the way, she creates leadership and team learning programs that are meaningful to all who enter the arena.



In 2013 **ATBFinancial** said yes to learning about Leadership Presence through Horsemanship. To date over 700 employees have participated in the **#AwardWinning Conversations** program. Nancy is proud to include clients such as UofC Cont Ed; Calgary Stampede; Shell Canada; Suncor; Pengrowth and Finning Canada to name a few in the herd.

WhatOthersSay

"In the aspect of conversations and leadership, Nancy Lowery through The Natural Leader displays incredible clarity on how we as leaders show up within a relationship. Her ability to make this connection through horsemanship is clear, profound and immediate."

Allen Metke, Leadership Learning & Development ATBFinancial

"Nancy did a wonderful communications and leadership program with my team. Not only was it interactive and engaging, but we learned so much while having a great time! In the end we walked away a stronger team with a new appreciation for our communication styles. I would recommend Nancy's sessions to anyone looking for a team activity that gets your group out doing something a different and teaches them about themselves."

Lisa van Hemert Marketing, Connacher Oil & Gas



Nancy Lowery – nancy@TheNaturalLeader.ca
C - 403.669.3666;
T - @NaturalLeader ;
FB - TheNaturalLeader; LI - nancylowery;
W - www.TheNaturalLeader.ca

The Award Winning Conversations program
<https://youtu.be/2MBJRAIjNB4>